### Course Schedule

## Sunday, January 17

09:15 Registration

9:45 WELCOME

10:30 Patient Assessment

11:15 Wound Management

12:00 **Lunch + check-in**

13:00 Practical Teaching Sessions

Patient Assessment

Cervical Spine/moving injured patient

Splinting & dislocations

Hypothermic wraps and Patient Packaging

15:30 **Break**

15:15 Submersion

16:00 Dive Medicine

17:00 Avalanche

18:00 **Dinner**

19:30 COVID-19 proof teambuilding activity

## Monday, January 18

8:00 **Breakfast**

8:30 Heat & Cold injuries

9:15 Medical kits & Comms

10:00 **Break**

10:15 Altitude medicine

11:00 Wilderness practical scenario’s

12:45 **Break for Lunch**

13:45 Submersion

14:30 Animal bites & stings

15:30 **Break**

15:45 Medical breakout session

16:45 Head, Eye, Ear Nose, Throat

17:30 Wilderness practical scenario’s (voluntarily)

18:30 **Dinner**

## Tuesday, January 19

8:00 **Breakfast**

8:30 Water disinfection

9:15 Infectious disease break out

10:30 AWLS Written Exam

## 11:30 Break for Lunch

12:15 Instruction for AWLS practical testing scenario’s

12:30 Start trail

13:15 Start Practical testing scenario’s

13:00 AWLS Practical testing Scenarios

16:00 Course Wrap-up

16:45 **END OF COURSE**